Empowering parents and caregivers to access the resources they need, to help their children grow and thrive.



For More Information, Please Contact Us At: (330) 718-7824 or fsn@helpnetworkneo.org



#### PROGRAM PARTNERS









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# Keeping Families Happy, Healthy, and Strong

Being a parent is hard. There isn't a manual, but there is help.

A community-based, family serving program in Columbiana, Mahoning, and Trumbull counties.



### When families face life challenges, it's often their children who feel the greatest impact

The Family Success Network is a communitybased, family serving program in Columbiana, Mahoning, and Trumbull counties. We ensure that families are able to meet their needs through community resources and personal family coaches.



### **Array of Services**

#### **INFORMATION & REFERRAL**

Offering connections to community resources that support the wellbeing of families

#### **Financial Literacy**

Helping families develop financial plans and attain personal financial management and budgeting goals

### **Concrete Supports**

Partnering with parents to identify and access resources within their community to ease financial stress and meet their family's needs

#### Parent Education

Working with families on reinforcing positive discipline techniques and interaction methods as well as recognizing child development milestones



### Emergency Financial Assistance

Sometimes unexpected expenses arise and families are faced with the stress of financial burdens. The Family Success Network can ease some of the stress at these critical points with tangible support for things like:

- Utilities
- Rent assistance
- Diapers/baby wipes
- Formula

Family Coaches also offer families practical strategies on money management topics like:

- Managing finances
- Planning for an emergency
- Planning and saving for a purchase



## Benefits of Working With a Personal Family Coach

Learn How To:

- Respond to your child's tantrums in a consistent and positive manner
- Develop healthy bedtime routines for your child
- Effectively manage your child's negative behaviors
- Reinforce your child's positive behaviors at home and in public

### Develop a Family Success Plan

Families interested in working one-on-one with a Family Coach can benefit from developing a customized Family Success Plan. This plan will be developed based on the wants and needs of the family. Together with a family coach, the family will set one or more S.M.A.R.T. goals and and will monitor progress during each visit.